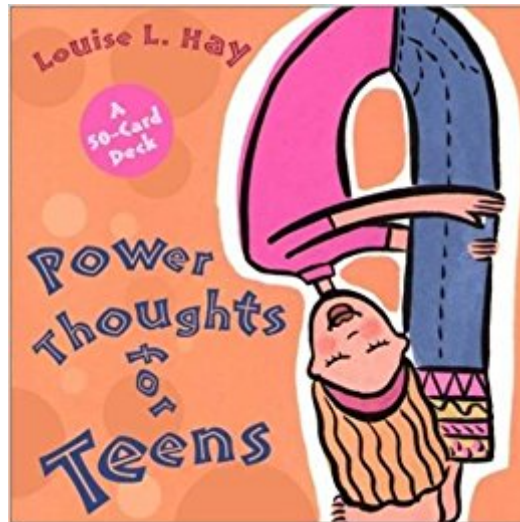




The book was found

Power Thoughts For Teens Cards (Card Decks For Teens)



Synopsis

Teens can use this beautiful, brightly colored deck of 50 affirmation cards to help them develop their self-esteem! Samples of the *Power Thoughts for Teens* cards: "I make friends easily" "I am outgoing and friendly. Others enjoy being with me." "I am a creative person" "I feel good expressing myself in all sorts of creative ways." "Blaming others doesn't solve anything" "I look for solutions, because I know that I create my own reality."

Book Information

Series: Card Decks for Teens

Cards

Publisher: Hay House (August 1, 2001)

Language: English

ISBN-10: 1561708186

ISBN-13: 978-1561708185

Product Dimensions: 4.2 x 4.1 x 1.2 inches

Shipping Weight: 7.2 ounces

Average Customer Review: 4.8 out of 5 stars 15 customer reviews

Best Sellers Rank: #767,662 in Books (See Top 100 in Books) #109 in Books > Teens >

Education & Reference > Social Science > Psychology #1094 in Books > Parenting &

Relationships > Parenting > Teenagers #22513 in Books > Religion & Spirituality > New Age & Spirituality

Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

Louise L. Hay is the bestselling author of 25 books, including *You Can Heal Your Life*, ISBN: 0-937611-01-8, *You Can Heal Your Life Gift Edition*; 1-56170-628-0; *Heal Your Body* ISBN: 0-93711-35-2, and *Empowering Women*. She has assisted thousands of people in discovering and using the full potential of their own creative powers for personal growth and self-healing.

Affirmations are one of the most powerful tools that she encourages people to use to expedite their personal growth process. She says: "Affirmations are really anything we say or think. Our thoughts create our feelings, beliefs, and experiences. Too often they are negative. We say, 'I don't want this in my life,' or 'I don't have any

friends, I don't or I don't hate school. If we want to change or manifest something in our lives, we must state what we do want. We must affirm that we are willing to see ourselves or our lives in a different perspective. Thus, we can change our experiences by first changing our thoughts.

I bought these cards to share with my girlfriends daughters after I saw how much they loved the Power Thought Cards for adults! After my friends daughter saw and played with the Power Thought Cards for adults she automatically wrote up 14 different powerful affirmations. It was very moving. For this reason I bought the Power Thoughts for teens because I was thinking they may be a little more age appropriate to share with them. These cards are perfect for kids, preteens and teens and they have fun pictures on them...I know once they see these cards they will LOVE them even more. I can't wait to share them and see them write more of their own affirmations! A very powerful and helpful tool for kids today so they can learn to feel good about themselves and their environment!

I work as a therapist for children and families and I've found many uses for these cards. It has allowed many conversations to happen that would not have otherwise. The messages are positive and are also worded in such a way that they could be listed as goals too. You will definitely learn something about the teens when you use these cards. Great product!

My son is 14 and he was going through a rough time. He likes these because they give him some positive thoughts and he doesn't have to talk about it.

IT IS A GOOD BOOK TO GIVE KIDS TO THINK POSITIVELY. WITH ALL THE NEGATIVITY AND BULLYING AROUND IN SCHOOLS, IT IS NICE TO GIVE KIDS A DOSE OF POSITIVITY!!! I PERSONALLY OWN ALL OF HER CDS AND BOOKS - I GAVE THIS TO MY 13 YEAR OLD NIECE.

LOVE these cards! Use with my adolescent (males & females) counseling group and they enjoy them lots. They are eager to read the cards at the end of each session. I only wish there were more cards in the package...

Bright, colorful, I love the cards, I bought them for my daughter and they are fantastic, thank you

Lovely card deck set for teens who could use some support and encouragement!The cards have lovely art work, are easy and fun to read, Easy to take on the go!

These are really nice little positive words for teenagers! I would recommend them they are really thoughtful and inspiring dialy reminders.

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Learning Guide) (Tuttle Flash Cards)

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